



# RUSHDEN PRIMARY ACADEMY

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Dear Parents/Guardians,

I am writing to inform you that this week, The Rt Hon Gillian Keegan MP, Secretary of State for Education has informed us that the RSHE (Relationships, Sex and Health Education) statutory guidance is being reviewed. This review has occurred after departmental officials have listened to parents and teachers and now, they wish to make changes according to this feedback. We have been advised that this will be published publicly later this year and look forward to amending our approach to facilitate these changes.

In the meantime, we wish to remind you of our RSHE curriculum offer. At RPA, we follow a scheme called Jigsaw, which we have followed for a long time and confidently believe that the approaches and structure is embedded within our school.

Below is information about Jigsaw and how we teach this important aspect of the curriculum. Furthermore, supplementary policies and advice can be located on our school website or via Jigsaw's website, which is <https://jigsawpshe.com/>.

However, in addition to this information, [we would like to offer you an opportunity to view the planning and resources, which your child will be following. Therefore, during our Parent's Evening sessions \(15<sup>th</sup> and 16<sup>th</sup> November\), Miss Edwards and I will be basing ourselves in the Community Room \(like last year\) so that you can come and talk with us if you require, but we will also have the RSHE curriculum available for your viewing.](#)

## **What do schools have to teach in RSHE?**

According to the guidance from the government, via the National Curriculum, every school needs to have a broad and balanced curriculum that:

- promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life'

## **What is Jigsaw, and how does it work?**

Jigsaw is a comprehensive and completely original PSHE Education programme for the whole primary school from Reception through to Year 6. It was launched in July 2013 and hundreds of schools across the UK are using it.

Jigsaw has two aims for all children:

- To build their capacity for learning
- To equip them for life

Jigsaw brings together PSHE Education, emotional literacy, mindfulness, social skills and spiritual development. A variety of teaching strategies are used and are



mindful



of each child's preferred learning style. Jigsaw is designed as a whole school approach, with all year groups working on the same theme (Puzzle) during the school week.

### The Puzzles and what children learn

**Being Me In My World** covers a wide range of topics, including a sense of belonging, welcoming others and being part of a school community, a wider community, and a global community; it also looks at children's rights and responsibilities, working and socialising with others, and pupil voice.

**Celebrating Difference** focuses on similarities and differences and teaches about diversity, such as disability, racism, power, friendships, and conflict; children learn to accept everyone's right to 'difference', and most year groups explore the concept of 'normal'; bullying – what it is and what it isn't, including cyber bullying – this is an important aspect of this Puzzle.

**Dreams and Goals** aims to help children think about their hopes and dreams, their goals for success, what personal strengths are, and how to overcome challenges, via team work skills and tasks. There is also a focus on enterprise and fundraising. Children learn about experiencing and managing feelings of pride, ambition, disappointment, success; and they get to share their aspirations, the dreams and goals of others in different cultures/countries, and their dreams for the world.

**Healthy Me** covers two main areas of health: Emotional health (relaxation, being safe, friendships, mental health skills, body image, relationships with food, managing stress) and Physical health (eating a balanced diet, physical activity, rest and relaxation, keeping clean, drugs and alcohol, being safe, first aid) in order for children to learn that health is a very broad topic.

**Relationships** has a wide focus, looking at diverse topics such as families, friendships, pets and animals, and love and loss. A vital part of this Puzzle is about safeguarding and keeping children safe; this links to cyber safety and social networking, as well as attraction and assertiveness; children learn how to deal with conflict, their own strengths and self-esteem. They have the chance to explore roles and responsibilities in families, and look at stereotypes. All Jigsaw lessons are delivered in an age and stage appropriate way so that they meet children's needs.

**Changing Me** deals with change of many types, from growing from young to old, becoming a teenager, assertiveness, self-respect and safeguarding. Self and body image, puberty, attraction and accepting change are diverse subjects for children to explore. Each year group thinks about looking ahead, moving year groups or the transition to secondary school. Life cycles and how babies are made and grow are treated sensitively and are designed to meet children's needs. All year groups learn about how people and bodies change. This Puzzle links with the Science curriculum when teaching children about life cycles, babies and puberty.

If you have any further questions, please do not hesitate in contact me.

Yours sincerely,

Miss Hawes

Assistant Principal

