

Rushden Primary Academy Week 2

Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
Main Meal Choice				
Chicken Pie Garden Peas Cauliflower New Potatoes Chicken Gravy	Tuna Pasta Bake Garlic Bread Mixed Salad	Roast Beef Yorkshire Pudding Roast Potatoes Country Mixed Vegetable Meat Gravy	Meat/Fish Pizza Selection Coleslaw Mixed Salad	Beef Burger Jacket Wedges Baked Beans
Vegetarian Choice				
(V) Cheese & Onion Quiche New Potatoes Garden Peas Vegetarian Gravy Or Mixed Salad	Pasta Provençale Garlic Bread Mixed Salad	Quorn Sausage Roast Potatoes Country Mixed Vegetables Vegetarian Gravy	(V) Vegetarian Pizza Selection Coleslaw Mixed Salad	(V) Quorn Burger Jacket Wedges Baked Beans
All Meals are served with either a mixed salad or a selection of daily vegetables.				
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Vanilla Sponge & Custard	Home-made Cherry Cookie & Flavoured Milk	Lemon Drizzle Cake	Eves Pudding & Custard	Chocolate Ice cream Roll
A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe or a Chef Recipe Card for that item.				

