



RUSHDEN PRIMARY ACADEMY

Principal: Miss L Davies

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27 November 2017

Dear Parent/Carer

Lunch Bookings - EYFS and KSI

The kitchen will be changing the menus starting 4th January 2018. To enable the academy to offer the three week meal plan we will need to take orders in advance to arrange supplies. We have attached a copy of the 3 week menu and a booking form that will cater for lunches until the end of the Academic Year (20th July).

The completed booking form needs to be returned by Monday 4th December to allow the office time to process the orders for the kitchen.

If you intend to bring in a packed lunch then please indicate this on the order form as we require a 100% return. It is crucial to return your forms on time.

As meals are all freshly cooked on a daily basis, on site, the kitchen staff have requested that they can only accommodate menu changes in the first 4 weeks of term and not after the 1 February 2018. This allows time for the children to experience the meals chosen in the 3 week cycle. We will return after the Christmas period on Menu 1.

Kind regards

Miss L Davies
Principal

EYFS and KSI – Lunch Booking Form

Child's Name:Class:

Week 1		Week 2		Week 3	
Monday	Tick	Monday	Tick	Monday	Tick
Meat Option		Meat Option		Meat Option	
Vegetable Option		Vegetable Option		Vegetable Option	
Packed Lunch (from home)		Packed Lunch (from home)		Packed Lunch (from home)	
Tuesday	Tick	Tuesday	Tick	Tuesday	Tick
Meat Option		Meat Option		Meat Option	
Vegetable Option		Vegetable Option		Vegetable Option	
Packed Lunch (from home)		Packed Lunch (from home)		Packed Lunch (from home)	
Wednesday	Tick	Wednesday	Tick	Wednesday	Tick
Meat Option		Meat Option		Meat Option	
Vegetable Option		Vegetable Option		Vegetable Option	
Packed Lunch (from home)		Packed Lunch (from home)		Packed Lunch (from home)	
Thursday	Tick	Thursday	Tick	Thursday	Tick
Meat Option		Meat Option		Meat Option	
Vegetable Option		Vegetable Option		Vegetable Option	
Packed Lunch (from home)		Packed Lunch (from home)		Packed Lunch (from home)	
Friday	Tick	Friday	Tick	Friday	Tick
Meat Option		Meat Option		Meat Option	
Vegetable Option		Vegetable Option		Vegetable Option	
Packed Lunch (from home)		Packed Lunch (from home)		Packed Lunch (from home)	

To ensure your child receives a lunch, please complete and return this form to the office **no later than Monday 4th December.**



GREENWOOD ACADEMIES TRUST

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Pork Sausage in a Hot Dog Roll with Mixed Salad and Baked Beans	Spaghetti Bolognese with Crusty Bread and Mixed Salad	Roast Turkey with Stuffing, Roast Potatoes, Cabbage, Carrots and Gravy	Meat Pizza Selection, Mixed Salad and Coleslaw	Fish Cakes with Jacket Wedges, Garden Peas or Baked Beans
(V) Quorn Sausage in a Hot Dog Roll with Mixed Salad and Baked Beans	(V) Vegetarian Chilli with Wholegrain Rice & Crusty Bread and Mixed Salad	(V) Cheesy Taglitelle Garlic Bread & Mixed Salad	(V) Vegetarian Pizza Selection, Mixed Salad and Coleslaw	(V) Quorn Dippers with Jacket Wedges Garden Peas or Baked Beans
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Eve's Pudding with Custard	Strawberry Shortbread	Banana Sponge with Custard	Marble Sponge with Custard	Fruit Jelly (V)
A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet.				

Rushden Primary Academy Menu – Week 1



GREENWOOD ACADEMIES TRUST

Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Beef Burger in a bun with Mixed Salad or Baked Beans	Chicken Curry with Steamed Wholegrain Vegetable Rice	Roast Pork with Apple Sauce, Roast Potatoes, Carrots, Broccoli & Gravy	Minced Beef Lasagne, Garlic Bread & Mixed Salad	Fish Fillet Squares with Jacket wedges Sweet corn or Baked Beans
(V) Vegetarian Burger in a bun with Mixed Salad or Baked Beans	(V) Pasta in Chunky Vegetable Sauce with Crusty Bread and Salad	(V) Roast Quorn Fillet, Roast Potatoes, Carrots, Broccoli & Gravy	(V) Quorn Meatballs with Rice, and Mixed Salad	(V) Cheese & Onion Whirls with Jacket Wedges Sweet corn or Baked Beans
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Fruit Muffins	Apple Crumble with Custard	Lemon Drizzle Cake	Carrot Cake with Cream Cheese Frosting	Frozen Yoghurts
A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.				
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Rushden Primary Academy Menu – Week 2



GREENWOOD ACADEMIES TRUST

Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
Pork Meatballs with Wholegrain Vegetable Rice Garlic Bread and Mixed Salad	Sweet and Sour Chicken with Vegetable Rice and Mixed Salad	Roast Beef, Roast Potatoes, Carrots, Cabbage and Gravy	Chicken Breast New Potatoes, Country Veg Mix and Gravy	Cod Fish Fingers, with Jacket Wedges Garden Peas or Baked Beans
(V) Minced Quorn Bolognese Sauce with Spaghetti, Garlic Bread & Mixed Salad	(V) Cheese & Tomato Baguette Pizza, Mixed Salad and Coleslaw	(V) Vegetable Wholemeal Pasta, Crusty Bread and Mixed Salad	(V) Vegetarian Sausage Roll with New Potatoes Country Veg Mix and Gravy	(V) Macaroni Cheese, Crusty Bread, Garden Peas or Baked Beans
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Syrup Sponge with Custard	Ice Cream Roll	Chocolate Crunch & Custard	Black Cherry Sponge with Chocolate Sauce	Fruit Yoghurt
A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.				
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Rushden Primary Academy Menu – Week 3