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Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1			
Main Meal Choice							
Pork Sausage in a Hot Dog Roll  with Mixed Salad and Baked Beans	Minced Beef Bolognese  with Spaghetti, Crusty Bread and Mixed Salad	Roast Turkey  with Stuffing, Roast Potatoes, Cabbage, Carrots and Gravy	Meat Pizza Selection  with Mixed Salad & Coleslaw or Baked Beans	Fish Cakes  with Home-made Potato Wedges Garden Peas or Baked Beans			
Vegetarian Choice							
(V) Quorn Sausage in a Hot Dog Roll  with Mixed Salad and Baked Beans	(V) Vegetarian Chilli  with Wholegrain Rice Crusty Bread and Mixed Salad	(V) Vegetable Wholemeal Pasta  Crusty Bread Mixed Salad	(V) Vegetarian Pizza Selection  with Mixed Salad Coleslaw or Baked Beans	(V) Quorn Dippers  with Home-made Potato Wedges Garden Peas or Baked Beans			
Dessert Choice							
Eve's Pudding	Strawberry Shortbread	Banana Sponge	Marble Sponge	Fruit Jelly (V)			
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.							
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.							
Allergen Symbols Key	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya
	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery